



Positive Parenting

US Youth Soccer
Workshop
St Louis 2007



Parent Education

“a problem to solve”

Glen Buckley
State Director of Coaching
NYSW youth Soccer Association
US Soccer and US Youth Soccer National Instructor

Parent Education

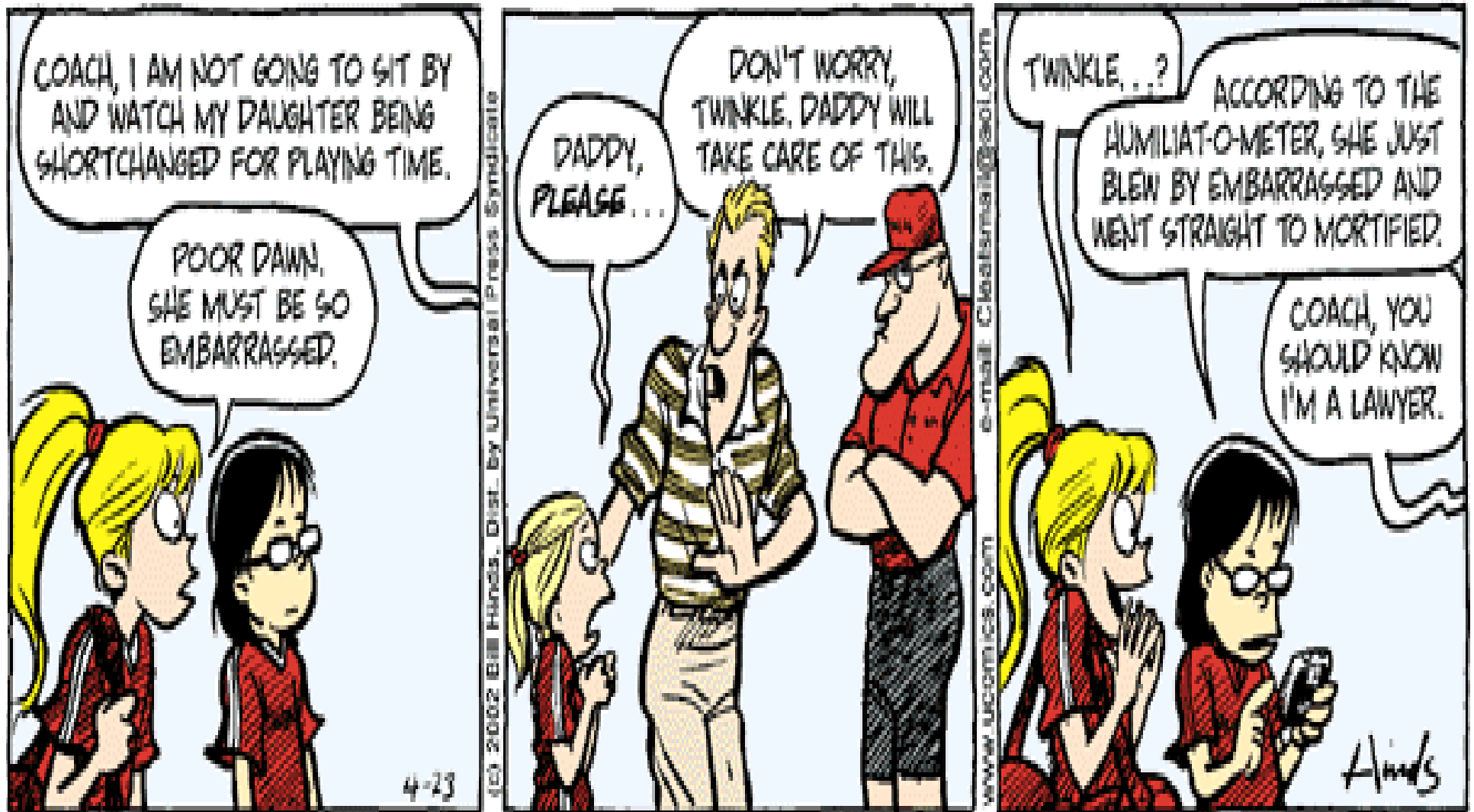


- “The role of the Soccer parent is arguably the most important in the game”

Parent to Coach



Parent to Coach



Parent to Coach





- “ We live in a fast paced, competitive, comparative culture: people want it now, they want to look good, to win, not to miss out on anything or to get left behind. It is natural and completely understandable for parents to be most focused on and concerned about their own children, but some become so anxious about and absorbed in their child that their attention is counterproductive. They may reflexively or irrationally think that, more or sooner are better. They may want their child to succeed because they were, or were not successful athletes. These are just a few of the reasons why communication and understanding between parent, club and coach could be difficult”
- Dean Conway “Soccer Calling” A handbook for soccer coaches

Parent Education



- A look at ways in which Youth Soccer organizations could approach parent education.
- Identify common problems
- Solutions
- Best Practices.
- Player Development
- The Try Out Conundrum

Identifying Problems



- Getting parents to attend an education session.....Time
- Little or no underpinning knowledge of the game or infrastructure of the sport
- Fear. Unwilling to get involved
- Unrealistic expectations
- Living their lives vicariously through their children

Solutions



Communication:

Info sessions at registration

Web Page/Newsletters/Email

Seasonal meetings. Club Days. Mandatory?

Club Philosophy:

Team V Club

Winning versus Player Development



FIFA
Worlds Governing Body

**United States Soccer Federation
USSF**
National and Olympic Teams
National A, B, C Licensing

**National Soccer Coaches Association
NSCAA**
Collegiate, High school
Regional and National Diplomas

**United States Youth Soccer Association
US Youth Soccer**
55 State Associations, 4 Regions
4 Million Registered Players

**American Youth Soccer
Organization
(AYSO)**
**Soccer Association for Youth
(SAY)**
Club Soccer, Super Y

**New York State West Youth Soccer Association
NYSWYSA**
6 Districts
Buffalo, Rochester, Syracuse, Binghamton, Southern Tier, Twin Tier
12 Board Members, 5 Full-time Employees, State Director of Coaching

- Registration	- Associate DOC program
- Insurance	- Workshops
- Coaches Education	- Top Soccer
- Olympic Development Program	- State Cup
- The Academy	- Risk Management

Team V Club



- Best Clubs are all under the same umbrella
- Have a set philosophy
- Free movement between teams/age groups
- Coaches stay at an age group [eliminates ownership]

Best Practices



- Goal Setting : Long and short term goals

Performance Goals

Club DOC, Qualified Coaches

U6,U8, U10 Recreational = YM Course

Travel U10 –U12 = E Certification

U13 – U16 = D License

U17 – U19 = C or above

Best Practices Cont'd



- Club Philosophy : Winning /Player Development
- Practice to game ratios
- Tournament schedule. Good Tournaments!!
- Down Time / Recovery Time
- Nutrition

Player Development



Player Development demands that:

“The player is central to all decisions made regarding training and competition”

As a team sport, soccer is a late specialization sport.

The time frame for the development of soccer players is considered long-term athlete development.

Research has shown that it takes between 15 and 17 years to become competent to compete at the highest level in any sport.

The Tryout Conundrum



- Why Do We Hold Tryouts?
- Player Development
- On going evaluation Process
- Resource Limitations
- Build a winning team

Reality



- 1 To build a winning team
- 2 Resource limitations
- 3 On going evaluation process
- 4 Player development [Potential]



Are Tryouts Appropriate for:

- Recreational No
- Club/Travel Maybe - At What Age?
- Premier/Select Yes - At What Age?
- ODP Yes - Representative
- Professional /
National Team Yes